



Eucharistic Adoration

During this period of time, the faithful pray to Jesus who is present in the Eucharist on the altar. We also refer to the Eucharist as the “Blessed Sacrament.” Typically, the Blessed Sacrament is reserved in the tabernacle, although during Adoration the Eucharist will be exposed for all to see in a large elaborate gold vessel called a “monstrance.” The monstrance has a glass holder allowing us to gaze upon the Sacred Host with our own eyes.

While we are able to speak to God in prayer at anytime and anywhere, being in the presence of the Most Sacred Body and Blood of Jesus is a unique experience with a power unlike anything else. We as Catholics believe that substantially present in the Eucharist is the body, blood, soul, and divinity of the Crucified and Risen Lord.

What do we do while in the presence of our Lord during Adoration? We might have a silent, personal conversation with Him. Some love to pray the Rosary or read the Scriptures and meditate on them. Others simply come to spend time allowing Christ to see them without many words.

In all this, we seek to unite ourselves ever closer to Jesus. Eucharistic Adoration is a beautiful opportunity to place yourself before our Lord and to be loved by Him. Our intention is to begin the practice of Eucharistic Adoration in church on the First Friday of September. We will expose the blessed Sacrament on the altar right after the morning Masses and it will remain exposed all day until 6:00 pm. We will conclude with Benediction, which is a blessing with the monstrance containing our Lord.

Mark September 5th on your calendar and plan to stop in and visit Jesus who suffered, died and was raised from the dead for love of YOU. More details in the weeks ahead.

Peace,

Fr. Robert